



HealthBox

- DIET AND NUTRITION CENTER -

CHRISTMAS MENU 2017



SALADS - *Minimum of 5 portions (price per portion)*

Tabbouleh	5,000
Fattouch	5,000
Lentil Salad.....	6,000
Kale Tabbouleh	7,000
Kale Fattouch	7,000
Fresh Garden Salad	7,000
Eggplant & Baby Spinach Salad	7,000
Pumpkin & Goat Cheese Salad.....	8,000
Citrus Beetroots Salad	9,000
Mixed Seafood Salad	11,000
Chinese Crab Salad	11,000
Exotic Quinoa Salad	11,000
Fresh Mozzarella and Basil Salad	13,000
Mango Shrimps Salad	13,000
Smoked Salmon Salad	15,000
Bresaola Salad	15,000



MEZZA

Spinach Fatayer	7,000/doz
Mini Manakish Zaatar	6,000/doz
Mini Pizza	8,000/doz
Cheese Fatayer	8,000/doz
Sfiha	9,000/doz
Basil Cheese & Sundried Tomato Fatayer.....	9,000/doz
Kale Fatayer.....	9,000/doz
Kebbeh Balls	10,000/doz
Mini Shawarma (Chicken or Beef)	12,000/doz
Cheese rolls	10,000/doz
Vegetable Sambousek	12,000/doz
Stuffed Grapevine Leaves.....	35,000/kg
Hummus	14,000/500g
Baba Ghannouj	14,000/500g
Eggplant Raheb Salad	12,000/500g
Dolma	10,000/portion



CANAPES - Minimum of 2 doz from each (price per doz)

Chicken Macaron	27,000
Salmon Macaron	36,000
Broccoli Portobello	24,000
Grilled Vegetable Bruschetta	15,000
Shrimps Mini Rice Cakes	18,000
Grilled Mushroom with Coconut Cheese	18,000
Avocado & Berries Mini Rice Cakes	21,000
Mango Tart	18,000
Smoked Turkey Tarts	18,000
Quinoa Verrines	24,000
Chicken Mousse Verrines	24,000



QUICHES & CAKES (30 cm = 8 to 10 portions)

Eggplant Quiche	40,000
Salmon Quiche	60,000
Mixed Cheese Quiche	48,000
Asparagus Quiche	48,000
Feta & Sundried Tomato Quiche	48,000
Gratin Dauphinois	45,000
Crab Cake	65,000
Salmon Cake	130,000
Mixed Seafood Cake	120,000
Chicken Osmaliyeh	90,000

MAIN COURSE

Oriental Turkey (min 5kg)	37,000/kg
American Turkey (min 5kg)	45,000/kg
HealthBox Turkey (min 5kg)	52,000/kg
Beef Wellington Filet	75,000/kg
Grilled Salmon & Dill Potatoes	75,000/kg
Chicken Swiss Roll with Wild Rice	60,000/kg
Cannelloni Bolognese (min 6 portions)	13,000/portion
Spinach Ravioli (min 6 portions)	12,000/portion
Magret de Canard à l'Orange	82,000/kg

DESSERTS

Dark Chocolate Buche	60,000/30 cm	90,000/45 cm
Milk Chocolate Buche	60,000/30 cm	90,000/45 cm
Red Fruits Buche	85,000/30 cm	125,000/45 cm
Red Velvet Buche	65,000/30 cm	100,000/45 cm
Chocolate Truffles	37,000/600g	
Dairy Free Chocolate Truffles	45,000/600g	
White Chocolate Truffles	45,000/600g	
Mont Blanc	7,500/portion	
Coconut Chocolate Bites	37,000/600g	
Blueberry Cheese Cake	6,000/portion	
Exotic Fruit Tart	6,000/portion	
Chocolate Tart	4,500/portion	



More Items available upon your orders.

Prices in LBP . VAT included.

Hazmieh | Verdun | Rabieh | Ashrafieh

For your orders please call us on 03 681 000

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